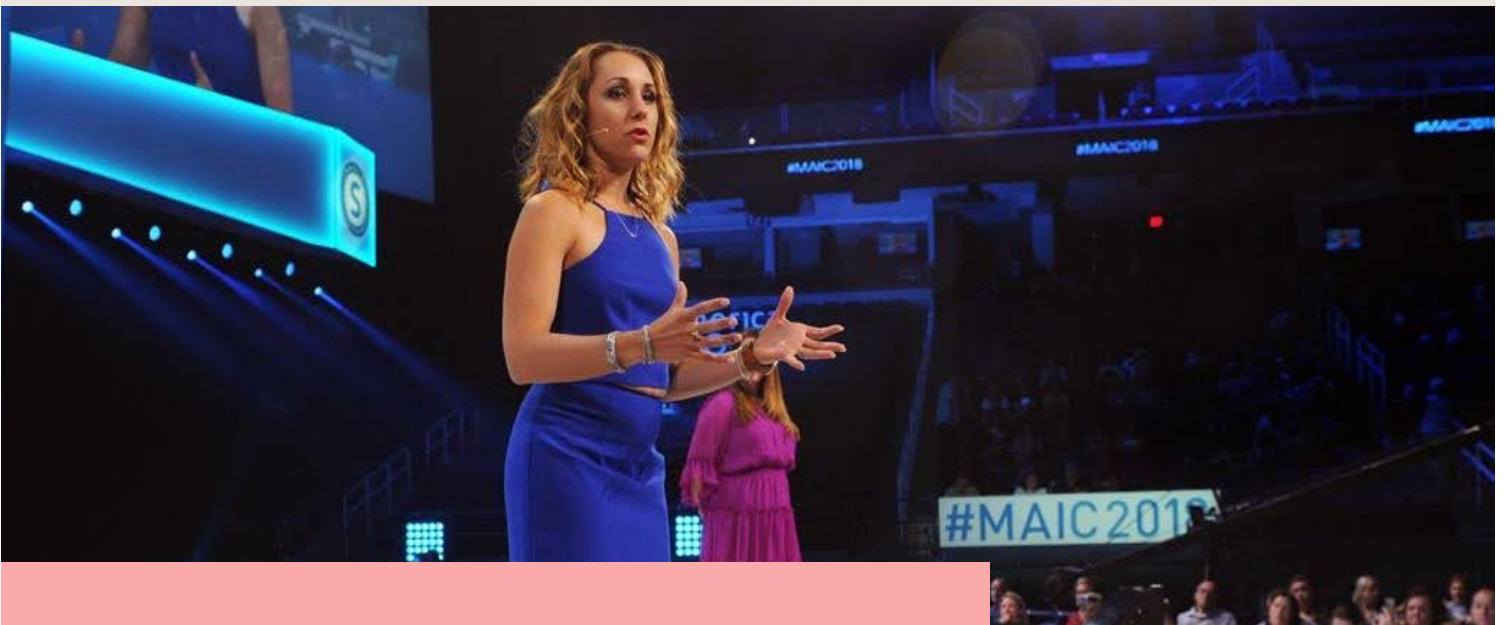


SARAH TUGENDER

HEALTHCARE
CURRICULUM SPECIALIST
& LAUNCH EXPERT



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MOST POPULAR SPEAKING TOPICS

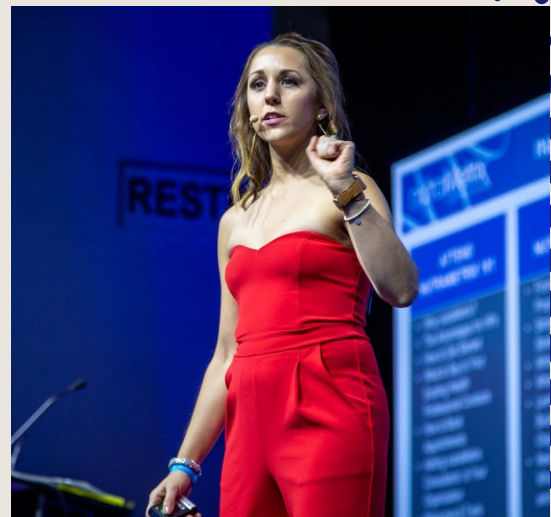


DEVELOPING YOUR GROUP PROGRAM OUTLINE

THE SEVEN STEPS TO CREATING A PERFECT MATCH FOR YOUR DREAM CLIENTS AND CURRICULUM TO LAUNCH YOUR GROUP HEALTH PROGRAM.

MASTERING TECH & TEAM

MAP OUT THE FUNCTIONAL TECH AND SUPPORTIVE TEAM YOU NEED TO RUN A SUCCESSFUL GROUP HEALTH PROGRAM ONLINE.



ABOUT SARAH

Sarah grew up around hospital and healthcare practices, born when her dad was a first-year medical student at Tufts Medical School. She remembers bringing her dolls to the break room at Sinai hospital, where her dad was a resident, to get stitched up with real stitches. She sipped apple juice and nibbled on saltine crackers in the call room at the hospital where her dad worked.

After graduating from Boston University with a Marketing and Advertising degree, it was a natural partnership for Sarah to help her dad with those services in his practice. Facebook was born during Sarah's first year of college. She has been immersed in the evolution of social media and the revolution of communication within the business world.

For fifteen years, Sarah has used her passion for health with her drive to free up space in practitioners' schedules to create processes and systems for healthcare practices. This frees up space in their schedule so they don't have to burn the candle at both ends and can avoid the burnout that is prevalent in the industry. She travels up to a dozen times a year to speak on stages across the country. Sarah's messages include living according to your priorities, incorporating business strategies that work for your network and leveraging the power of social media.

Sarah lives on Boston's North Shore with her husband, Dan, and three children - Ella, Brody and Duke - where they live a plant-based lifestyle and take advantage of all New England has to offer.

STAGES WHERE SARAH'S BEEN FEATURED



WHAT PEOPLE ARE SAYING ABOUT SARAH

"AS A HEALTH PROFESSIONAL MYSELF, IT'S RARE TO MEET SOMEONE WITH A HUMBLE AND SERVANT-ORIENTED HEART LIKE SARAH TUGENDER HAS. BUT DON'T BE FOOLED BECAUSE BEHIND THAT HUMBLE EXTERIOR OF A HEART BEATS THE HEART OF A LIONESSE, A WARRIOR, WHO WILL FIGHT FOR YOU TO BE FREE FROM THE BONDAGE OF FRUSTRATION AND MEOIOCRITY. SHE'S TRULY THE WHOLE PACKAGE."

-DR. BRIAN G. BROWN

"HIRING SARAH WAS THE BEST DECISION I'VE MADE IN MY BUSINESS. WHAT WE HAVE ACHIEVED IN THE LAST SIX MONTHS IS TRULY CELEBRATORY BECAUSE NONE OF THIS EXISTED WITHOUT HER. SHE'S LITERALLY HELPED GROW THE TEAM, HELPED FIGURE OUT WHERE PEOPLE WERE GOING TO PLUG-IN, WHAT THEIR ROLES WERE GOING TO BE...MAKING ALL OF THIS FLOW IN A WAY I COULDN'T HAVE ENVISIONED HAPPENING SO QUICKLY. WE WOULD BE LIKE 'LET'S DO THIS IN 10 YEARS,' AND WE HAVE ARRIVED IN A FEW MONTHS."

-DR. AUMATMA

"I'VE INVESTED IN OTHER PROGRAMS BEFORE AS A LIFE-LONG LEARNER, BUT SARAH TOOK MY BUSINESS TO A WHOLE NEW LEVEL. HESITANT AT FIRST, AND ALWAYS A SKEPTIC, I TREADED SLOWLY WITH HER SYSTEMS AND PROCESSES. I WISH I HAD IMPLEMENTED EVERYTHING SOONER BECAUSE THE RETURN HAS BEEN SO FREEING. I NOW PRODUCE MORE IN MY BUSINESS IN HALF THE TIME, ALLOWING ME TO PURSUE OTHER GOALS I NEVER THOUGHT POSSIBLE!"

-LORI LUPO, LMT

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SPEAKER

PODCAST HOST



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