Sophie Marie Bernard

Full-time office professional grew side business from six to seven figures in six years!
Professionals making six figures might appear to have it made, but that isn’t the whole picture. Many of these employees are dissatisfied with their life and dread going to work everyday to face a toxic environment that affects their physical and mental health. They feel trapped, would love a second income stream and the hope to retire comfortably, but they just don’t know how to even begin. Without a solution, they slip deeper into depression and bitterness.

Toxic work environments make professionals miserable and hopeless

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Signature talk

BUILDING FINANCIAL INDEPENDENCE

In this talk I share with the audience my journey from losing my job due to a workplace injury, losing my home (a $1.5 million farm where I lived), losing my dogs as I could not keep them in an apartment in the city and reaching my lowest point. I reached my lowest low financially, health wise and career wise BUT through ONLINE BUSINESS I’ve been able to rebuild and now I’m back working full time in my career as an economist (and my online business generates 6+ figures of passive income), live in a place I love and get to speak around the world about the opportunities in online businesses.

Participants will walk away with a new perspective of how they can ensure financial independence and feel financially SAFE!
Sophie Bernard knows about the stresses of professional work. As an economist she’s held demanding government positions and dealt with toxic work environments that caused her to become obese and despondent. A deep study of how change occurs and how to manage stress led Sophie to transform her life. She lost 250 pounds and found success in online businesses. A veteran economist, in her spare time Sophie grew a sheep farm from a dozen sheep to 75 in just six years, building its value from six to seven figures. Her goal for her clients is to help them start a successful online business and reach their income goals to give them the freedom they want in their lives.
Continue the conversation

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